

## Testimonial

In November 2008, I had a triple stroke which left me paralysed on my left hand side. Upon my return home I found it impossible to manage any kind of daily routine. Everyday tasks to most people became impossible chores for me. This often led to low self esteem and depression.

The staff of Cuidigh Linn visited my home on a regular basis and performed for me all the daily tasks, even my garden was kept tidy. I was driven to my local social club for afternoon meetings which helped me socialise and meet people again. They were always ready to assist when asked and without their help 2009 would have been an even more difficult year for me.

I would like to take this opportunity to express my sincere thanks to the staff of Cuidigh Linn for all their assistance in the past and for any future help that they can provide.

*With all my thanks and gratitude*

Briega



Caring for the Community

### We provide a wide range of services including:

- ◆ Social care, care for the elderly
- ◆ Maintenance work
- ◆ Visitation service
- ◆ Links with local services and social activities
- ◆ Provisions of information on entitlements, services, social support groups and activities for the elderly

2 GRANGE CLOSE  
MUIRHEVNA MOR  
DUNDALK  
CO. LOUTH

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## Cuidigh Linn

Ait Na nDaoine

### Homecare Service

2 Grange Close  
Muirhevna Mor  
Dundalk  
Co. Louth

Tel: 042

9334984



*Cuidigh Linn are  
frontline providers in  
homecare.*

# Homecare Support Service

## About us

Cuidigh Linn are a non profit service provider for the elderly living in Dundalk. We deliver a wide range of supports through our weekly visitation service situated at, 2 Grange close Muirhevna mor. Our aim is to rekindle community spirit and to help the elderly live safely and confidently in their own homes.

Our management board is made up of ten people who are committed to the service on a voluntary basis.



Feeling down, Let us help you

## Benefits of Using Homecare Services

- ◆ We set up packages tailored to meet the individuals needs
- ◆ Our care givers are highly qualified to deliver the highest standard of care in the comfort of your home.
- ◆ All our staff are insured, vetted and FETAC Qualified

## Assisted Living

- ◆ Personal Hygiene
- ◆ Assisted out of bed, getting dressed
- ◆ Alzheimers
- ◆ Meal planning and preparation.
- ◆ Shopping and running errands
- ◆ Laundry
- ◆ Making and changing beds
- ◆ Light house work and Social support

## Convalescence Care

- ◆ We provide post hospital care and support for you or your loved one
- ◆ Why not let us take care of your loved one in there own home, while you take a deserved break

## Community Orientated

Our services are available on a part time and respite basis. Its benefits are two fold: providing a much needed service and part time employment to those who wish to avail of it.

## Aims

- ◆ We aim to provide a necessary, affordable and worthwhile service to the community.
- ◆ We aim to provide highly qualified and experienced carers to deliver the highest quality of care

## Opening Hours

8.30am – 1pm Mon - Fri  
2.00pm – 4pm Mon - Fri



## Rates

€15.00 per hour

Half days are available at a reduced rate of €45 for four hours. please contact us for more details.

We accept homecare relief packages available, for example, homecare grants.

Cuidigh Linn are a social enterprise the benefits of spending your money with us are we trade and spend locally to encourage local employment